

AIKEN BAPTIST ASSOCIATION
“A” LEAGUE COED NON-COMPETITIVE VOLLEYBALL RULES

1. A coin flip will determine the “home” team.
2. The match will start with a prayer led by the home team.
3. Gym shoes must be worn on the playing floor.
4. Each player must be a member or prospective member of the Aiken Baptist Association Church on whose team he/she is playing
 - A. The Pastor of the church must sign each roster. In his absence, the Chairman of Deacons.
 - B. All rosters will be turned in prior to the first game and will remain open for the entire season.
 - C. For eligibility and membership requirements – see the AIKEN BAPTIST ASSOCIATION RECREATION PROGRAM BLUE BOOK, Page 2, Section III.
5. A team must have at least five (5) players or it will forfeit the match. Forfeit time is game time. If both teams do not have enough players, the match will be scored as a double forfeit.
6. Any team forfeiting two (2) games during the season will be required to pay a \$30.00 re-entry fee forty-eight (48) hours before another game can be played. Should the team forfeit again, the same procedure will be required after each forfeit. Each forfeit will count as a loss and the re-entry fee paid or the team will be ejected for the remainder of the season and the tournament.
7. After the schedules have been completed, matches will be rescheduled only when there is a conflict with a church activity. A letter from the church, signed by the Pastor, stating the conflict will be required before any matches are rescheduled. Once approval to reschedule has been given, the coach of the team who has the conflict will be responsible for contacting the opposing coach to reschedule the match. BOTH coaches will contact the volleyball coordinator when a new time has been agreed upon.
8. Matches will be the best of three (3) of five (5) games to 15 points. A one-hour time limit will be in effect. At any point during the match the referee feels that the one hour time limit is being approached, he/she will complete the match using the “fast scoring” method – a point will be scored on each serve regardless of which side served the ball.
9. Teams will be allotted two 1-minute timeouts per game.
10. All players on a team’s roster present at a game must rotate into the game. The rotation must be in a manner such that players receive roughly equal playing time. Any deviation from the normal rotation method must be approved by the coach of the opposing team.
11. Coed Volleyball Rules:
 - A. Coed teams shall normally consist of 6 players: 3 women and 3 men. However, the ratio may vary as follows: Women – minimum 2, maximum 4; Men – minimum 1, maximum 3 (must have 5 players).
 - B. No spiking is allowed in the Coed League. This is done in the interest of safety and sportsmanship. The referee shall determine if a hit is a spike.

- C. A woman may return the ball on any hit, from either row.
 - D. A ball not returned on the first hit must be hit by a woman before it can be returned.
 - E. A man on the front row may return the ball on the first hit as long as he remains in front of the “spike” line.
12. The use of profanity or unsportsmanlike conduct by either a player, a coach, or a fan will be grounds for ejection from the game or the gym by the referee. Upon the second offense, a player will be ejected from the league. A \$10.00 penalty fee must be paid before an ejected player is allowed to return.
 13. The decision of the referee will be final.
 14. Overhand serves will not be allowed in the coed league. All serves must be underhand. The referee will determine the legality of the serve.
 15. Players may participate on only one (1) team in each league – 1 competitive team and 1 non-competitive team.
 16. All players will be required to sign an insurance waiver form provided by the Association Office which may be used as the team roster form.
 17. The game will be governed by official volleyball rules unless stated herein.
 18. The ball may be played off the ceiling, but it must not hit the ceiling as it goes over the net.
 19. The walls and backboards are out-of-bounds.
 20. Awards for each league will consist of a 1st Place League Trophy and 1st Place Tournament Trophy. These awards are traveling trophies and will be returned each year.
 21. Protest Procedure – see AIKEN BAPTIST ASSOCIATION RECREATION PROGRAM BLUE BOOK, page 9, section VI.